

Project SafeSeat

A Reflection on Child Passenger Safety Technician Course

Saint Paul, June 24th-June 27th



NORTHPOINT
Health & Wellness Center

The background features abstract, overlapping geometric shapes in various shades of blue, ranging from light sky blue to deep navy blue. These shapes are primarily located on the right side of the slide, creating a modern, dynamic feel. The rest of the slide has a plain white background.

1. What opportunity / challenge you were hoping to address?

The Challenge

-  59% of car seats are installed incorrectly, and 46% involve critical misuse (NHTSA).
-  Improper installation contributes to more than 50,000 preventable serious injuries each year (NHTSA).
-  Lack of certified Child Passenger Safety Technician (CPST) available to provide education in North Minneapolis.

The Opportunity

- ❏ Increase staff knowledge on child passenger safety, correct car seat and booster usage, etc.
- ❏ Continued collaboration with NorthPoint's OB Care Coordination team to integrate car seat education, accompanied by car seat distribution and installation, into NorthPoint's Infant Safety course.
- ❏ Address common car seat and booster usage errors that may be experienced by the families and caregivers that we serve.

2. What did you accomplish?

- ☑ Grant funding was used to cover registration cost for all Pregnancy and Family Health Community Health Workers (CHWs) and the Project Coordinator to become CPST certified.
- ☑ Staff attended the June course and successfully passed to become certified CPSTs.
 - Staff completed written tests and hands-on training in seat belt, car seat, and booster installation and usage.
 - Staff learned how to properly educate caregivers and families on car seat usage and installation.
 - Staff gained skills to conduct car seat checks individually and identify any misuse or errors.
 - Staff took part in their first car seat check-up event and were able to assist in serving over 10 families.

3. What did you learn?

- ❏ The CPST course provided comprehensive education on seat belt systems, LATCH systems, rear-facing and forward-facing car seats, booster seats, and other key child passenger safety topics.
- ❏ The course also covered best practices and state laws regarding car seat use, including appropriate age, weight, and height requirements.
- ❏ Participants learned how to locate important information about car seats and vehicles, including user manuals and manufacturer resources.
- ❏ In addition, the course taught effective communication techniques and educational strategies for discussing car seat installation, passenger safety, and best practices with caregivers and families.



4. What impacts did you see?

- ☑ The certification has significantly increased staff members' confidence in discussing child passenger safety with the families we serve.
- ☑ Staff are now better equipped to assist families and caregivers in ensuring that car seats are properly installed and ready for safe use.
- ☑ The training has enhanced staff confidence in their ability to learn about, correctly install, and evaluate car seats and booster seats.
- ☑ As a result, caregivers and parents have gained greater knowledge of proper car seat installation and child passenger safety practices, helping to ensure that children travel safely in vehicles.

Thank you, MN-ICECI, for your support, which has helped us better serve and protect the families in our community!



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